

# Media Release

## Safety Alert for Cyclists Using the M2

Cyclists accessing the M2 Motorway's breakdown lane are being reminded to follow the correct procedure when crossing on and off ramps,

Head of the Hills M2 Motorway, Mr Craig Greene, said today the reminder follows a number of incidents of cyclists ignoring cross over areas being reported to the motorway operators, Hills M2.

Recently a cyclist was injured and had to be transported from the site by ambulance, following a collision with a car in the vicinity of Pennant Hills off- ramp.

Mr Greene said while the exact cause of this incident is a matter for the Police, incidents like these are a reminder of the need for cyclists, as well as motorists, to be vigilant about their safety.

"There will always be a risk of serious injury when cyclists mix with cars and trucks travelling at speed along the motorway," Mr Greene said.

"Hills M2 encourage both motorists and cyclists to be alert and obey the road rules. This is particularly important at On/Off ramp crossover points. Our records indicate that more than 1 in 4 accidents involving cyclists on the M2 occur as a result of cyclists failing to use the correct on/off ramp crossing points.

"If cyclists must cross traffic, such as at off and on ramps, they should do so only at the designated cross over points. Cross over points allow bicycles to cross at right-angles to motor vehicles, increasing their visibility.

"By taking a number of simple steps to ensure they follow the road rules, cyclists can help to protect themselves and lower the risk of an accident," Mr Greene said.

Some simple tips to help keep cyclists safe include:

- Always wear a helmet and high visibility clothing with reflective fabric
- If riding at night, make sure you use appropriate lights
- Do not ride more than two abreast and 1.5m apart
- Use cyclist specific facilities where provided, such as crossing points.
- Never ride against the flow of traffic.
- If the lane is occupied, where possible clear the obstacle on the near side (far left-side) away from traffic. Dismount if necessary.

For more information about cyclist safety contact the NSW Centre for Road Safety, [www.rta.nsw.gov.au/roadsafety](http://www.rta.nsw.gov.au/roadsafety)

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